# Milevsko-Stehlik mono128th international competition in Rhythmic Gymnastics

# MILEVSKO CUP

# 9. 3. 2019

# CZECH REPUBLIC

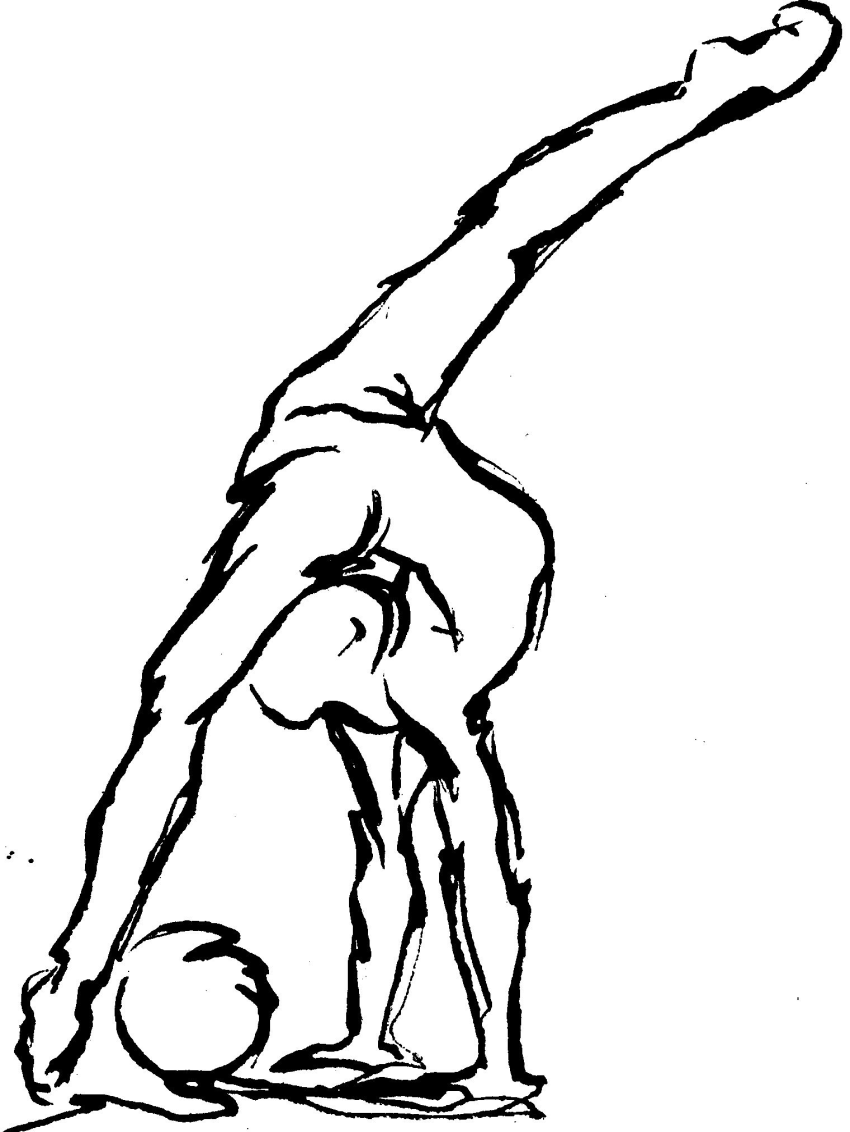
# MILEVSKO CUP

# 9. 3. 2019

Dear sport friends,

We have the pleasure to invite you to participate to this 28th year of international competition in rhythmic gymnastics called **Milevsko cup**, which is organized by **RG PROACTIVE Milevsko**. This competition hold **9th March, 2019** in sports hall at **Milevsko, street J. A. Komenského 1034, Czech Republic.**

Hope to see you in Milevsko



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| --- | --- |
| **Organizer** | RG PROACTIVE Milevsko |
| **Date** | 9th March, 2019 |
| **Location** | Sports hall, J.A. Komenského 1034, Milevsko, Czech Republic |
| **Schedule** | **Friday 8. 3. 2019**  17:00-20:00 – arrival of delegations, training  **Saturday 9. 3. 2019**  7:45 – presentation of all competitors  8:00 – technical meeting for the judges, trainers and organizers  9:00 – open the competition  19:00 – closing ceremony  20:00 - banquet |
| **Size of the delegation** | **1 judge!**  5 gymnasts  1 coach |
| **Registration** | **Must be till 20. 02. 2019!!**  Send application form on email: [hanka.kutiska@seznam.cz](mailto:hanka.kutiska@seznam.cz) |
| **Entry fees** | 25 euro per each gymnast |
| **Music** | CD player |
| **Accommodation and food** | In the hotel next to sports hall = 25 EURO per person /day  -with breakfast and dinner |
| **Contact** | **Kutišová Hana**  **+ 420 728 614 989**  [**Hanka.Kutiska@seznam.cz**](mailto:Hanka.Kutiska@seznam.cz)  **R. Svobodové 795, Milevsko 399 01**  **www.proactivemilevsko.wbs.cz** |

# CATEGORY:

|  |  |
| --- | --- |
| **1. category: Mini B**  Born in 2012 and younger   * **1 exercise without apparatus**   Max. 6 body difficulties, min. 2 dance steps combination, max. 3 dynamic elements with rotation. | |
| **2. category: Mini A**  Born in 2011   * **1 exercise without apparatus**   Max. 6 body difficulties, min. 2 dance steps combination, max. 3 dynamic elements with rotation. | |
| **3. category: Children B**  Born in 2010   * **1 exercise without apparatus**   Max. 7 body difficulties, min. 2 dance steps combination, max. 3 dynamic elements with rotation.   * **1 exercise with apparatus of choice**   Max. 6 body difficulties, min. 2dance steps combination, 1-3 dynamic elements with rotation, no limit apparatus difficulty. | |
| **4. category: Children A**  Born in 2009   * **1 exercise without apparatus**   Max. 7 body difficulties, min. 2 dance steps combination, max. 3 dynamic elements with rotation.   * **1 exercise with apparatus of choice**   Max. 6 body difficulties, min. 2dance steps combination, 1-3 dynamic elements with rotation, no limit apparatus difficulty. | |
| **Level A** | **Level B** |
| **5. category: Prejunior**  Born in 2008   * **1 exercise with rope + 1 exercise with apparatus of choice**   Max. 7 BD, min. 1 dance steps combination, 1-4 dynamic elements with rotation, no limit apparatus difficulty. | **9. category: Prejunior B**  Born in 2008 – 2007   * **1 exercise with clubs + 1 exercise with apparatus of choice**   Max. 6 BD, min. 2 dance steps combination, 1-3 dynamic elements with rotation, no limit apparatus difficulty. |
| **6. category: Prejunior A**  Born in 2007   * **1 exercise with ball + 1 exercise with apparatus of choice**   Max. 7 BD, min. 1 dance steps combination, 1-4 dynamic elements with rotation, no limit apparatus difficulty. | **10. category: Junior B**  Born in 2006 – 2004   * **1 exercise with ball + 1 exercise with apparatus of choice**   Max. 7 BD, min. 2 dance steps combination, 1-3 dynamic elements with rotation, no limit apparatus difficulty. |
| **7. category: Junior**  Born in 2006 – 2004   * **1 exercise with clubs + 1 exercise with apparatus of choice**   Max. 7 BD, min. 2 dance steps combination, 1-4 dynamic elements with rotation, no limit apparatus difficulty. | **11. category: Senior B**  Born in 2003 and older   * **1 exercise with hoop + 1 exercise with apparatus of choice**   Max. 7 BD, min. 2 dance steps combination, 1-4 dynamic elements with rotation, no limit apparatus difficulty. |
| **8. category: Senior**  Born in 2003 and older   * **1 exercise with ribbon + 1 exercise with apparatus of choice**   Max. 9 BD, min. 1 dance steps combination, 1-5 dynamic elements with rotation, no limit apparatus difficulty. |  |

**APPLICATION FORM**

**Klub, country:**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**1ST COMPETITOR:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Name, Surname, Date of birth, Category and Apparatus

**2nd COMPETITOR:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Name, Surname, Date of birth, Category and Apparatus

**3RD COMPETITOR:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Name, Surname, Date of birth, Category and Apparatus

**4TH COMPETITOR:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Name, Surname, Date of birth, Category and Apparatus

**5TH COMPETITOR:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Name, Surname, Date of birth, Category and Apparatus

**Judge:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Name, Surname, qualifications

**COACH:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Name, Surname

**CONTACT PERSON**:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Name, Surname, e-mail, telephone number

DATE and TIME of ARRIVAL in Milevsko:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

DATE and HOUR of DEPARTURE:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

NUMBER of PERSON to BE ACCOMMODATED: ……………8.3./9. 3.……………9.3./10.3.

**Application form must be till 20. 02. 2019!!**

**Please confirm your arrival 10 days before the competition.**